# Vienna Youth

# **Cross Country Invitational**

# Saturday 11/5/22

## **Nottoway Park**

9537 Courthouse Rd, Vienna, VA 22181

#### 1100am course walk

Entry fee: FREE

### Just use your bib number from the FPYC/SYA meets

Bib update/corrections will be at the finish line or email Craig Chasse <a href="mailto:cchasse.acds@juno.com">cchasse.acds@juno.com</a>

### Run in your 2 year age group by birth year to compete for a ribbon

### (You can run in an older division, just not a younger one to earn a ribbon)

#### Race Schedule

12:00noon 1k race for age 6&under (2016 and younger birth dates)

12:15pm 2k race for age 8&under (2014-15 birth dates)

12:40pm 3k race for 9-10 (2012-2013 birth dates)

1:10pm 3k race for 11-12 (2010-2011 birth dates)

1:40pm 4k race for 13-14 (2008-2009 birth dates) those that want to do a 5k can run with the 4k group and add an extra loop in the woods, no awards for the 5k or 15-18 group

Use your bib number from the FPYC/SYA meet(s), IF you need a new bib number then you can get a replacement one at tent near the finish line.

Start is on the field near the house

Finish is between the baseball field and the parking lot to the left.

Place Ribbons to the top 10 by gender in each race, finisher ribbons to all others.

Restrooms are available just to the right of the finish line (between the two main parking lots)