**Vienna Youth**

**Cross Country Invitational**

**Sunday 11/4/18**

**Nottoway Park**

9537 Courthouse Rd, Vienna, VA 22181

**1100am course walk**

**Entry fee: FREE**

**Just use your bib number from the FPYC/SYA meets**

Bib update/corrections will be at the finish line or email Craig Chasse cchasse.acds@juno.com

**Run in your 2 year age group by birth year to compete for a ribbon**

 **(You can run in an older division, just not a younger one to earn a ribbon)**

**Race Schedule**

**1200noon 2k race for age 8&under (2010 and younger)**

**1220pm 3k race for 9-10 (2008-2009 birth dates)**

**1225pm 3k race for 11-12 (2006-2007 birth dates)**

**1250pm 4k race for 13-14 (2004-2005 birth dates) those that want to do a 5k can run with the 4k group and add an extra loop in the woods, no official awards for the 15-18 group**

Start is on the field near the house

Finish is between the baseball field and the parking lot to the left.

Place Ribbons to the top 10 by gender in each race, finisher ribbons to all others.