



FPYC Flag Football 2019 FAQ's

1. How can I register? Go to www.fpycsports.com click registration. Online registration will remain open through March 11th. Walk in registration dates are January 19th, February 2nd, and February 16th at the **FPYC Clubhouse** located inside Providence Park in the City of Fairfax.

2. What is the cost for registration? Early bird registration (\$90) will run through January 20th. Regular registration (\$100) will run through February 17th. Late registration (\$125) will run through March 11th.

3. Do you offer scholarships? Yes, we have a limited number of reduced fee scholarships available. They are issued first come first served and only during walk in registration.

4. What does registration fees cover? Registration fees pay for city and country fees, field usage game officials, game shirts, league insurance, and team equipment.

5. What type of payment is accepted? Credit card payments are accepted for online registration. Payments made during walk-in registration must be made by cash or check.

6. What is needed for registration? Only payment is required for registration.

7. Do I need a DMV Child ID or Birth Certificate for proof of age to play? No. Players are not required to provide an ID or birth certificate. However, parents will be asked to verify their child's age upon request.

8. Can girls play? Yes. All teams are co-ed.

9. What are the age groups for the teams? Age groups are divided as follows:

Division	Age Group	Date of Birth
6U	5 and 6 year olds	Born between 4/2/12 – 4/1/14
8U	7 and 8 year olds	Born between 4/2/10 – 4/1/12
10U	9 and 10 year olds	Born between 4/2/08 – 4/1/10
12U	11 and 12 year olds	Born between 4/2/06 – 4/1/08
14U	13 and 14 year olds	Born between 4/2/04 – 4/1/06



FPYC Flag Football 2019 FAQ's

- 10. What is the time commitment?** There is very little time commitment. There is only one (1-hour) practice and one (1-hour) game per week, both on the same day, same location.
- 11. When are practices and games?** Practices and games are scheduled to take place on Sunday afternoons. However, at the coach's discretion, teams will be allowed preseason practices on March 16th, 23rd, 30th and April 13th, 20th, 27th. Note: Weekday games could be scheduled as make up for rain outs.
- 12. My child plays another sport (baseball, soccer, lacrosse), will the flag football schedule conflict with other sports?** We are monitoring other sports to reduce the chance of this happening. By focusing on Sunday afternoons we think we can avoid most conflicts. Flag football is designed as a secondary sport. No player will be penalized for missing practice time or games to participate in another activity.
- 13. Where will games be played?** **Green Acres Center, 4401 Sideburn Road, Fairfax VA.** In the event of inclement weather, games may be played at **Fairfax High School** when available.
- 14. When does the season begin?** Assessments are March 9th at **Fairfax High School**. The season will run March 31st to June 9th. No games or practices on Sunday mornings, Spring Break Weekend, Easter Sunday, Mother's Day, and Memorial Day weekends.
- 15. What are assessments?** Assessments evaluate a player's ability. How they grade will allow coaches to draft teams as equally as possible. Assessments are conducted combine style consisting of running, catching and throwing.
- 16. My child cannot attend assessments. What should I do?** Any player who cannot attend assessments will be placed into a blind draft and are selected to a team using a lottery drawing method.
- 17. How are teams formed?** Teams are age based and will be formed using a draft process after assessments.



FPYC Flag Football 2019 FAQ's

18. Can my child be placed on a team for purposes of carpool, friend request, etc? We will consider requests and inform the coaches during the draft process. However, players are encouraged to sign up if they are interested in playing flag with the understanding they will be able to interact frequently even if they aren't on the same team.

19. Can we form our own team? We are offering our Middle School Division (7th and 8th graders) the opportunity to form a portion of their team. Coaches in this division can recruit and lock in up to 4 players then draft the remaining team to fill out their roster.

20. What is the uniform and when do I get it? Each player is issued a game t-shirt and will need to provide their own solid colored black or dark shorts with no pockets. Cleats are optional, but highly recommended. Cleats should be plastic - no metal cleats are permitted. We will have a team spirit store (online) to allow you to purchase FPYC logo shorts and other gear.

21. Can I coach or volunteer my time? Yes! We welcome coaches and volunteers. The development of our youth is of the utmost importance. We encourage parents to join in their child's experience as well as anyone else interested in coaching or helping with field set up or the concession stand. Please register as an adult volunteer. Are you unsure or still have questions, just email us at football@fpycsports.com.

22. Is FPYC Football on social media? Yes. Follow FPYC Football on Social Media:

Website: <http://fpycsports.com/footballpage/>

Twitter: @FPYC_Football

Instagram at: fpycfootball

Facebook at: FPYC Youth-Football

23. What is game day like? Game day is a family gathering. It is a social atmosphere. We encourage parents, grandparents, siblings, neighbors, etc...to come out and pull your lawn chair up next to the sidelines for the best view. Socialize with other parents, grab a grilled hotdog or burger from our concession stand and just kick back, relax and enjoy watching your child have fun.

If you have any questions contact us.

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