



FPYC CHEER PARTICIPATION EXPECTATION POLICY

I understand that Cheerleading is a commitment of my time and energy and I will make every effort to attend every game and practice. I will notify my coach in advance of any absence that is unavoidable (illness/injury/religious holiday may be excused). I am willing to dedicate myself to this sport during the season, and do so, in a positive and appropriate manner. I will support the club and my squad, and be respectful to others at all times. I will abide by all guidelines and regulations at all cheerleading events. I understand:

- If my behavior is not consistent with the FPYC Code of Conduct, disciplinary action may be taken*.
- That there is no eating or drinking allowed during practices or games, except at designated times.
- That the use of cell phones is prohibited during practice and game times, even during breaks.
- That horseplay or “goofing off” during stunting is a safety hazard and will result in my removal from stunting activities for the remainder of practice. Repeated violations may result in my removal from the squad.
- That my presence is vital to the team, and that it is my responsibility to arrive at the reported time, ready to participate for games and practices (hair done/up, uniform on or in appropriate attire, shoes on and tied, etc).
- Repeated tardiness cannot be tolerated as it interferes with proper stretching and warm ups which can lead to safety issues and injuries. Repeated tardiness may lead to disciplinary action*.
- Repeated absences affect the team’s ability to effectively and safely prepare, delays their ability to progress individually and as a team, and disrupts team cohesiveness. Repeated absences may lead to disciplinary action*.

**Disciplinary Action may include:

- Being placed on probationary status
- My parent(s) and I being required to meet with the Cheer Executive Board; and,
- Suspension or termination of my participation in the program.

Injury / Illness Participation Expectations

All FPYC Cheer Coaches have completed concussion and basic first aid training and are instructed to err on the side of caution to best protect our athletes. In the event of:

- A suspected injury,
- Medication being dispensed, or
- Any incident that prohibits a cheerleader from finishing practice,

The coach must have a conversation with the parent regarding the incident and a suggested course of action. Repeated incidents may:

- Require a doctor’s note to return to cheer activities, and
- Lead to a team placement review

This policy will be available on the FPYC Cheer website, and is posted as part of the Registration Agreements in the online registration system for Cheer.